



www.inspiritlive.org

"MUSIC IS A PART OF BEING HUMAN, AND THERE IS NO HUMAN CULTURE IN WHICH IT IS NOT HIGHLY DEVELOPED OR ESTEEMED. To those who are lost in dementia, music is not a luxury, but a necessity, and can have a power beyond anything else to restore them to themselves."

– Oliver Sacks, Musicophilia, Tales of Music and the Brain





Printing underwritten by:

Champion
Home Health Care

"Enriching the Lives of Seniors"

☆ Inspirit

BRINGING THE JOY AND HEALING POWER OF LIVE MUSIC AND THE PERFORMING ARTS to

those isolated members of our community who are living in a restricted environment.

FUNDING PROVIDED BY











PREVIOUS GRANTS HAVE BEEN AWARDED BY:

- Allegany Franciscan Ministries
- Charitable Foundation
- Florida Division of Cultural Affairs
- National Endowment for the Arts

Lost Tree Village

- Forrest C. Lattner Foundation
- Quantum Foundation
- Community Foundation for Palm Beach and Martin Counties
- The Episcopal Church of Bethesda by-the-Sea





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"I EXPERIENCE THINGS THROUGH PLAYING FOR INSPIRIT that I never even saw performing in New York City.

To entertain people in need is equal parts music and therapy—for both myself and the audience."

 Late drummer and band leader Nat Epstein formerly of the Spike Jones Orchestra

> Inspirit

HISTORY WHAT WE DO

Inspirit was born of the desire to reach those living in isolation to bring the soothing nature of song, the healing qualities of music and the pleasure of interaction. Our founder and Executive Director, Ginny Meredith is a musician and breast cancer survivor who experienced music as an important part of her own healing process.



inspirit provides performances to:

Alzheimer centers, nursing homes, hospitals, cancer clinics, shelters, rehabilitation centers, extended care, homeless shelters, group homes, and many other facilities throughout Palm Beach County.

Inspirit coordinates production of live cultural performances **at no cost** to host organizations throughout Palm Beach County. Performances are typically scheduled for one hour in a small group setting and performers are carefully matched with audiences that range in age from 2 to 102. The type of performance varies and Inspirit's roster includes a wide range of talent—a jazz trio, barbershop quartet, harpist, acoustic guitarist, keyboard players, singer/songwriters, and everything in between.



"MUSIC HATH CHARMS," William Congreve wrote,
"TO SOOTHE THE SAVAGE BREAST." Sometimes,
though, its effects are quieter, gentler. Sometimes it
has charms to help an old man remember, if only
briefly, the richness of his life.

– Rachael Sauer The Palm Beach Post

THE SPIRIT OF GIVING

Supported by grants and individual donors, even small donations make a big impact on our work in the community. Inspirit strives to continue to serve this ever growing, isolated population and has set a goal of providing 200 performances per year.

your donation is sure to make a difference!

of music to help support Inspirit and provide the joy of live performance to even more members of our community (at a cost of less than \$14 per person)

Enclosed is my donation of:

	,			
\$100	\$50	\$25	Other_	
My Gift Is:				
In Memory Of				
In Honor Of				
Name:				
Address: _				
Email:				
Phone:				